



Gill  
me  
near



zine by JUNA FRANKA

feat.  
Eliot

Dieses kleine Zine  
(wie Magazine)  
ist für die Tage  
an denen du keinen  
Bock mehr hast  
& dich fragst, ob du  
gerade zerbrichst  
oder neu entstehst.

Du bist  
nicht  
allein.



hi ♡

SCHÖN,

DASS

DU

DA

BIST.

im letzten Jahr  
hat sich meine  
Kunst sehr  
weiterentwickelt  
- unfreiwillig -

Aber meine Themen  
mut, Hoffnung &  
Heilung haben  
dadurch nur noch  
mehr Tiefe bekommen.

ICH HOFFE, DASS ICH  
EUCH MIT ALLEM,  
WAS ENTSTEHEN NOCH  
MEHR DIREKT INS  
HERZ SPRECHEN.

XO JUNA



tight skin -  
NO ANSWERS

My every fibre hurts,  
NO the fibres of my fibres hurt,  
My skin is tight from keeping it all together,  
My EYEBALLS BURNING

If you've ever hurt so badly,  
you wanted to quit being who you are,  
YOU HAVE MY HIGHEST SYMPATHY,  
my enormous respect!

I don't have any answers,  
I have no clue,  
I only have TIGHT SKIN & BURNING EYEBALLS,  
making my way forward,  
ONE BLINK AT A TIME.

beautiful

mess



IT'S BEEN A LOT  
AND THE LOT IS BECOMING A LOTTER  
AND YOU'RE STILL HERE

SHOWING UP A DAY AT A TIME  
in all its beautiful messiness

Sure, you'd probably roll your eyes at me  
for calling your mess beautiful  
tell me that I have no idea  
AND THAT MIGHT BE TRUE

STILL I THINK IT'S BEAUTIFUL  
how you keep showing up imperfectly  
IN ALL THIS MESS.



Match  
me

# I WILL HEAL ANYWAY

I WILL HEAL  
WHILE YOU MAKE FUN OF ME,  
WHILE YOU SAY CRUEL WORDS  
AND WHILE YOU'VE GIVEN UP ON ME.



CRAWLING ON MY FOREARMS,  
I'LL START AGAIN EVERY MORNING  
EVEN WHEN I THOUGHT  
I COULDN'T MAKE IT  
THROUGH THE NIGHT.

BECAUSE EVEN WHEN  
THERE'S A VOICE IN MY HEAD  
THAT SOUNDS LIKE YOU,  
THE LIGHT THAT LIVES IN MY HEART,  
WILL NEVER DIE.

IT WILL KEEP SHINING & SAY  
WATCH ME -  
I WILL HEAL ANYWAY.



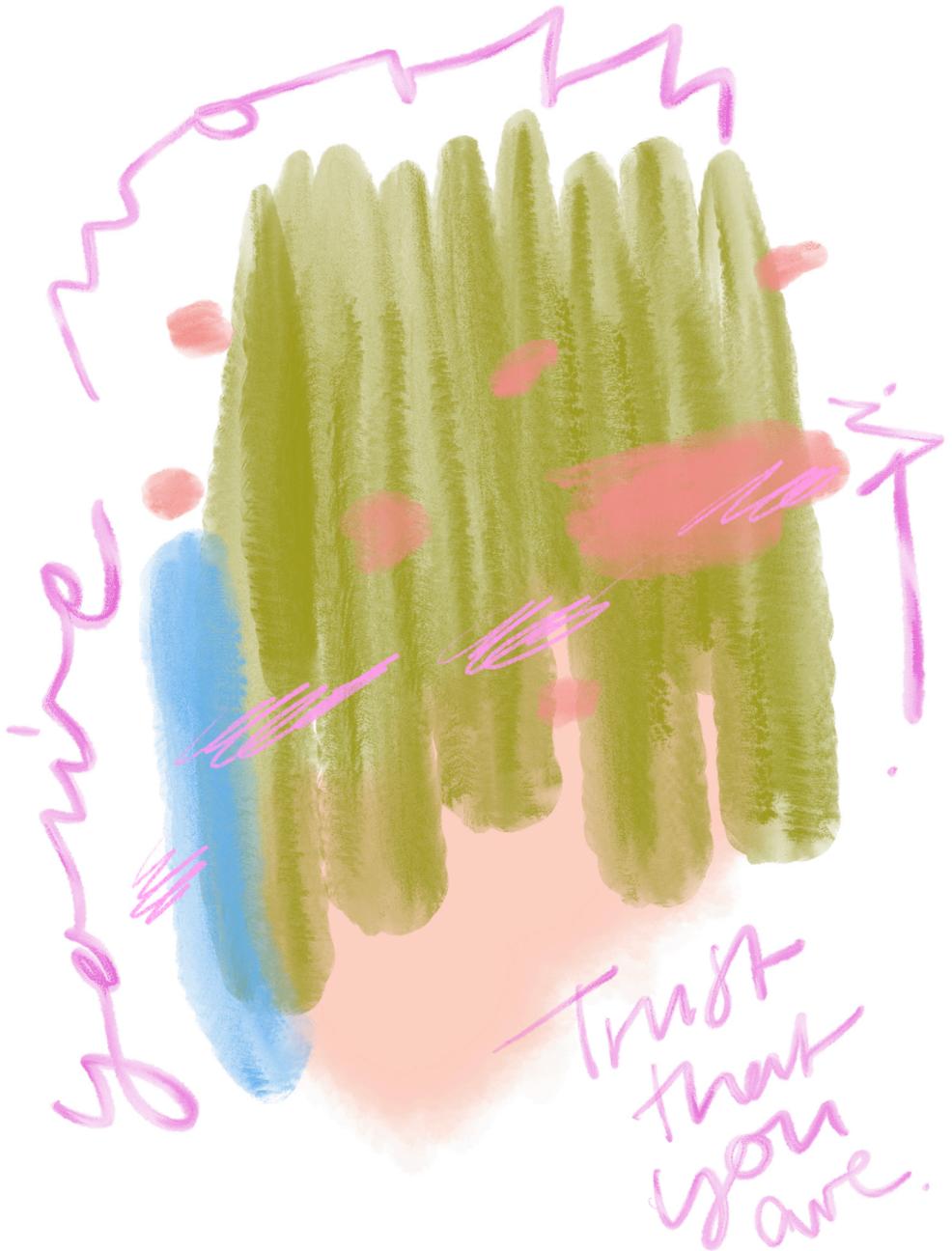
You knew long before me,  
long before I even knew  
I needed help  
- your help.

I thought I would get a puppy  
that needed me &  
keep me company.

TURNS OUT YOU TAUGHT ME  
HOW TO ACCEPT HELP

& LET SOMEBODY SEE ME  
WHEN I'D USUALLY HIDE

You've seen me  
like nobody else  
& love me still as much  
- teaching me I'm lovable  
NO MATTER WHAT.



you're amazing

Trust that you are.

DANKE, DASS DU DIESES  
ZINE GELESEN HAST 😊

wenn du  
UNS UNTERSTÜTZEN  
WILST:

<https://www.junafranka.com/de/eliot>



XO JUNA  
& Eliot